

HOCKEY HOTLINE

The Official Publication of the Tri Cities Amateur Hockey Association



A New Season is Underway

Tri Cities Amateur
Hockey Association
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www.tcaha.com



Relax, its just a game.



BOARD MEETINGS

are the 2nd Monday of
each month, 6:30 p.m. at
TRAC. **Everyone is
welcome and
encouraged to attend.**

Agenda Items must be
submitted to the
Secretary,
Jean Megna
(secretary@tcaha.com)
at least one week before
the meeting.

Many teams have had several practices and even some games under their belts now as another season of hockey is underway.

Remember to be safe when at the rink and when traveling to away games. I've included to the right a Coaches First Aid Kit, from a great resource for hockey parents. The site <http://usahockeyparents.org> has a lot of great articles specifically geared to hockey parents.

Another find on the site is the Hockey Parent Pledge:

AS A HOCKEY PARENT, I PLEDGE TO . . .

1. Uphold the 3 objectives of ice hockey participation. Fun Fun Fun.
2. Listen more than I speak when I'm at the rink.
3. Expect the same from my son or daughter.
4. Respect the coach and his/her decisions.
5. Expect the same from my son or daughter.
6. Respect referees and their decisions.
7. Expect the same from my son or daughter.
8. Not interfere with coaches, referees or players before, during or after a game.
9. Expect the same from my son or daughter.
10. Not engage in destructive gossip about coaches, referees and other players.
11. Expect the same from my son or daughter.
12. Not show any negativity to my son or daughter before, during or after a game.
13. Expect the same from my son or daughter.

The site has articles on Safety, Nutrition, Sportsmanship, Code of Conduct, Skills Development, Equipment and Rules. A must read for hockey parents old and new.

Do you have a helpful website. Send me the info and I'll include it in the next newsletter.

THE COACHES FIRST AID KIT

A well-stocked first aid kit does not have to be large, but it should contain a few basic items. The following checklist is a guide for youth hockey teams. Coaches or team managers should add to the kit based on experience or local policies.

The Kit should include:

- 20 Band-Aids
- 1-2 Rolls of Plastic Tape
- 2-4 Sterile Gauze Pads
- 3-4 Small Ziplock Bags (To be used as Ice Packs)
- 1-2 Chemical Ice Packs
- 2 or more pairs of Latex Gloves
- 2 or more alcohol wipes or disinfectant wipes
- List of emergency telephone numbers for parents of players
- List of supplies contained in the kit

Additional Items may include:

- Scissors
- Mouth-to-mouth breathing device (used when performing CPR)
- Triple antibiotic ointment (Soap and hot water works well to clean a cut)
- Oral Airway (for unconscious players or players having a seizure.)
- Tooth saver kit.

TCAHA Contacts

Board of Directors:

Dustin Beck - President
(509) 582-2889
Email: president@tcaha.com

(Vacant) - Past President

John Landifeld - Vice President
(509)
Email: vicepresident@tcaha.com

Pete Lantz - Treasurer
(509) 380-3719
Email: plantz@rdoequipment.com

Jean Megna - Secretary
(509) 627-1220
Email: secretary@tcaha.com

Susan Winslow - Director
(509) 627-4619
Email: swinslow@charter.net

James Cramer - Director
(509) 551-2113
Email: hockeyjim@charter.net

Trae Rockwell - Director
(509) 946-5182
Email: RobertRockwell3@yahoo.com

Tim Kelly - Director
(509) 736-3512
Email: timkelly@tcaha.com

Staff:

Joli Miller - Bookkeeper
(509) 628-1852
Email: jmiller2b_1@charter.net

Andrea Tullos - Administrator/POC
(509) 947-4828
Email: administrator@tcaha.com

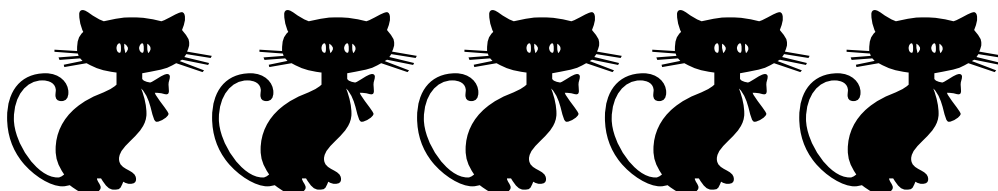
Carrie Hay - Administrator/Scheduler
(509) 948-2162
Email: scheduler@tcaha.com

Registrar:

Open Position

Coaching Director:

Terry Liikala
(509) 628-8021
Email: tl.liikala@charter.net



TCAHA Announcements

New Registrar Needed - TCAHA is sad to announce that our Registrar, Deanna Heal has resigned. She has done a GREAT job for the past few years and will be sorely missed. The Registrar position is a vital position for the health and future of TCAHA. The Board of Directors is currently seeking a volunteer to take over this important position. There is a detailed description of the position in the Handbook, which can be found on the TCAHA.com website. Interested parties should email a letter of interest to secretary@tcaha.com. Our administrator, Andrea Tullos, will be providing administrative support for this position.

Skate Sharpening Proposal Needed - TCAHA would like proposals from people interested in sharpening the rental skates at TRAC. This would include twice a year sharpening for approximately 100-150 skates and if you are able to provide repair to damaged skates. Please send a proposal by October 27, 2008 at or before 12pm; including how much you would charge, and when you would be willing to start the contract. Email at secretary@tcaha.com.

ALL TEAMS - Please be aware that playing associations that are not USA Hockey sanctioned would jeopardize our USA Hockey standing. If you are not sure about an association, make sure to ASK!

Public Skates -for those who are not aware, teams can man the public skates at TRAC to raise money for their team. Debbie Didzerekis has the dates. If there is sufficient interest, more dates may be added. Please contact her at editor@tcaha.com.

Upcoming Elections - There are 5 positions coming up for election. They are: Vice President, Secretary, Treasurer, Director, Director. Interested candidates should send a letter of interest, explaining who they are, and why they want to serve in the position they are running for to secretary@tcaha.com. The cut off for letters of interest will be Nov. 30. FIRM.

Team Treasurers - It is required this year that each team house and rep have a Team Treasurer who is not the Team Manager and not related to the coaching staff. This is to facilitate better accounting of the team financial records. For additional information an duties of the Team Treasurer email Joli at jmiller2b_1@charter.net.

Volunteers Needed - There are committees that still need volunteers to help out. If you are interested please contact Andrea at administrator@tcaha.com to get your name on the list. The Association is also looking for a Raffle Manager, if you have interest in filling this position please contact Jean Megna at secretary@tcaha.com.

Public Skate Fundraising

Here is the list of public skate times and who has signed up to cover them. Remember you'll need at least 6 adults to help with each skate. You'll need to collect money, hand out skates, monitor the ice and then dry the skates prior to putting them away. Currently the Board has agreed to allow 2 weekends per month to be used as fundraisers. If more interest is shown they will consider adding additional dates.

Public skates are Sunday at TRAC from 4:00 p.m. until 6:00 p.m. Support your hockey teams by coming out to the public skates.

<i>Oct</i>	<i>26</i>	<i>Squirt 1 & 2 - Lantz & Nevard</i>
<i>Nov</i>	<i>16</i>	<i>NO SKATE - Pictures</i>
<i>Nov</i>	<i>23</i>	<i>Bantam 1 -</i>
<i>Nov</i>	<i>30</i>	<i>Mite 1 - Johnson</i>
<i>Dec</i>	<i>7</i>	<i>PeeWee 1 -</i>
<i>Dec</i>	<i>28</i>	<i>Mite 1 - Johnson</i>
<i>Jan</i>	<i>11</i>	<i>Mite 2 - Young</i>
<i>Jan</i>	<i>18</i>	<i>Squirt Rep - Jenne</i>
<i>Feb</i>	<i>1</i>	<i>Bantam 3 -</i>
<i>Feb</i>		<i>Still open either 8,15,22</i>
<i>Mar</i>		<i>All Open Dates</i>



Upcoming Events

Tourism Showcase - TCAHA will have a booth at the TCVCB Annual Meeting & Tradeshow November 6th from 4-7p.m. If you'd like to help out contact Debbie Didzerekis @ 946-3397.

December Ice Show - TCAHA is participating along with the figure skaters, and two other groups in an ice/stage show to bring awareness to our various sports to the Tri-City area. If you would like to participate or help please contact Jean Megna at secretary@tcaha.com or Debbie Didzerekis at 946-3397.

Adult Hockey League

Tri-Cities Adult Hockey League (TCAHL) is a non-checking league with two sessions split over the holidays and games for each team every week. This year we will be trying out something new by splitting the league into two divisions, A and B. Here is the plan. The A division will have 6 teams and consists mostly of the top adult players from the Tri-Cities area. The B division will have 4 teams and consists mostly of intermediate adult players but will have a mix of skill levels from just above beginner to high intermediate. To follow the adults visit <http://www.tcahl.org/>

House Coaches

MITE

House Teams (3)

Coaches: Jim Cramer, Richard Johnson, Brandt Young

SQUIRT

House Teams (2)

Coaches: Pete Lantz, Todd Nevard

PEE WEE

House Teams (3)

Coaches: Wayne May, Kendall Mix, Kevin Smith

BANTAM

House Teams (2)

Coaches: Courtney Jones, Ryan Kelly, Greg McMahon

MIDGET

House Teams (3)

Coaches: Dan Holland, Randy Smith, Kevin Still

Congratulations coaches, we look forward to a great season.

BP Equipment Swap & Rentals

Equipment SWAP:

Parents who were not able to make it to the swap. I was hoping to put a list together of families with BP sized equipment (primarily 4-6 year olds, some 7-9 year olds) for sale to send out to the registered BP players. If you could send a description to sharonwunschel@verizon.net including: Type of Equipment, Size, Cost, Their Name, e-mail address, and a phone number where they can be reached, I'll get a list together to send out.

Equipment Rental:

TCAHA has rental gear available. Cost is \$60.00 for the season, you'll receive \$50.00 back upon return of the equipment in usable shape. For more information please contact administrator@tcaha.com.

Upcoming Tournaments

Midget Rep Tier II A/B Fall Tournament

October 25-26, 2008

Contact: Mike Deffenbaugh

Email: michael_1_deffenbaugh@rl.gov

Phone: 509.942.4318

Desert Classic Midget House

December 12-14, 2008

Contact: Carmen Christian

Email: slopnagle@charter.net

Phone: 509.948.2120

Midget Rep Tier II A/B New Year's Bash

Dec 30-Jan 1, 2009

Contact: Mike Deffenbaugh

Email: michael_1_deffenbaugh@rl.gov

Phone: 509.942.4318

Squirt Rep Tier II A/B Tournament

Jan 2-4, 2009

Contact: Susan Winslow

Email: swinslow@charter.net

Phone: 509.430.9175

For a complete list visit tcaha.com



Sharpening Skates: What You Should Know As A Parent

From: <http://usahockeyparents.org>

By Greg Anzelc

To the untrained eye, there are few differences between sharpening skate blades at a local pro shop and putting an edge on a lawn mower blade in your own garage.



From the buzzing of the machine to the grinding of the blade and the trail of sparks shooting from the point where the blade meets the steel on the grinding wheel, sharpening looks to be a fun little job.

But before do-it-yourselfers head out to the grinding wheel in the garage with a pair of skates tucked under their arms, they should know that there's more than meets the untrained eye when it comes to sharpening a pair of skates the right way.

"We actually use a seven-step process for each and every pair of skates that we sharpen," says Eric Olson who runs Gold Medal Sports, a Chanhassen, Minn., sporting goods store that sharpens an average of 100 skates a day during the season.

Team Picture Schedules

NOVEMBER 16, 2008 (Sunday)

Division	Time
BP	All 4:00 *** 4:10 *** 4:20
Mite 1	4:30
Mite 2	4:40
Mite 3	4:50
Squirt 1	5:00
Squirt 2	5:10
Squirt Rep	5:20
Midget 1	5:30
Midget 2	5:40
Midget 3	5:50
Midget Rep	6:00
PeeWee 1	6:10
PeeWee 2	6:20
Pee Wee 3	6:30
PeeWee Rep	6:40
Bantam 1	6:50
Bantam 2	7:00
Bantam 3	7:10
Bantam Rep	7:20

Please arrive at TRAC 20 (twenty) minutes prior to your scheduled picture time to dress in your hockey gear.

Have photo packet completed (if you are not purchasing photos) and checks made out to Realife Photography prior to arrival.

Note: Because of the coaching clinic, PeeWees and Bantams are scheduled last.

For more information contact Andrea - administrator@tcaha.com or 947-4828



Halloween Holiday Trivia

* Orange and black are Halloween colors because orange is associated with the Fall harvest and black is associated with darkness and death.

* Jack o' lanterns originated in Ireland where people placed candles in hollowed-out turnips to keep away spirits and ghosts on the Samhain holiday.

* Pumpkins also come in white, blue and green. Great for unique monster carvings!

Columbia Basin College Hockey Club

WHO: Columbia Basin College Hockey Club

WHAT: A club operated through the ASCBC Student Programs Office

WHY: To provide students of CBC the opportunity to play competitive ice hockey

Columbia Basin College is offering an avenue for students to pursue competitive ice hockey. The club is operated out of the office of Student Programs, and as such is governed by the students who are members of the club. Guidance for the club is provided by the ASCBC Executive Council, the office of Student Programs, and two club advisors (Janet Garza and myself) who are staff members of CBC.

We are currently looking for students of CBC who are interested in the club. These students can be people who wish to play on the team, or students just interested in helping out. The club competes with other schools that are Division 2 members of the American Collegiate Hockey Association. The ACHA is operated in association with USA Hockey.

The club has played teams from Gonzaga, University of Idaho, Walla Walla University, Portland State, Montana State, University of Montana to name a few.

We are in the formative stages of the club for the year, and need interested students to contact the club as soon as possible so we can submit our roster to the ACHA.

Interested students can contact the club at:

Brian Dierks
(509) 542-5538 (work)
bdierks@columbiabasin.edu

Janet Garza
(509) 542-4677 (work)
jgarza@columbiabasin.edu

2008-2009 Youth & Adult Team Sponsors

Please thank our sponsors when you are visiting their businesses.

Super 8 Hotel
Comfort Inn & Suites
Fairfield Inn & Suites
Holiday Inn Express Hotel & Suites
Red Lion Hotel - Columbia Center
Red Lion Hotel - Pasco

Hockey Source
Three Rivers Internet
Speck Hyundai



NOTICE TO ALL TEAMS:

After you have secured a Primary Sponsor and you have RECEIVED payment from that sponsor, you will need to contact Metro Screen Printing (address and phone listed below) to have the butt patches made. **Please do not send in individual orders**, you must order for the entire team at one time.

You do not need to wait until the jerseys have arrived as Metro will *NOT* be sewing these on; this is the responsibility of the jersey owners.

You will need to supply Metro with your team name (i.e. PW1, Mite 2, etc.) and the team managers name, this information as well as the sponsor name must be on each invoice that TCAHA receives. TCAHA will pay for the butt patches for Primary Sponsors only, any additional sponsor patches that you have printed will be taken out of team funds.

Once you have your butt patches please send an email to Joli and/or Andrea for tracking purposes.

Metro Screen Printing
108 1st Avenue
Kennewick, WA 99336
(509) 521-1936

Andrea - administrator@tcaha.com
Joli - jmiller2b_1@charter.net

HAPPY
HALLOWEEN



Adult Novice

Drop-In | 6:15 - 7:45 pm Sundays | TRAC Ice Pavilion

Adult Seniors

Drop-In | 8:00 - 9:30 pm Sundays | TRAC Ice Pavilion

Adult Intermediate

Drop-In | 9:15 - 10:30 pm Thursdays | Toyota Arena

